

# Mepilex Lite How To

## How to Use

### **Product description**

Mepilex Lite is an absorbent soft silicone dressing. It consists of:

- a soft silicone wound contact layer (Safetac).
- a thin flexible absorbent pad of polyurethane foam.
- an outer film which is vapour permeable and waterproof.

### **Safetac Technology**

Safetac is a patented soft silicone adhesive technology. On the wound, Safetac assures non-sticking and minimal trauma on removal even in critical situations when the exudate starts to dry out. On the skin, a dressing with Safetac has gentle but secure adhesion with minimised epidermal stripping and pain on removal. This makes Mepilex Lite an atraumatic dressing.

### **Mode of action**

Mepilex Lite is a highly conformable dressing that absorbs exudate and maintains a moist wound environment.

The Safetac layer seals around the wound edges, preventing the exudate to leak onto the surrounding skin, thus minimises the risk for maceration. The Safetac layer ensures atraumatic removal at dressing changes.

Mepilex Lite can be cut to suit various wound shapes and locations.

Mepilex Lite can be used under compression bandaging.

Mepilex Lite can be used in combination with gels.

### **Intended use**

Mepilex Lite is designed for the management of a wide range of non to low exuding wounds, such as leg and foot ulcers, pressure ulcers, partial thickness burns, radiation skin reactions and Epidermolysis Bullosa. Mepilex Lite can also be used as protection of compromised and/or fragile skin.

### **Instructions for use**

1. Cleanse the wound in accordance with normal procedures.
2. Dry the surrounding skin thoroughly.
3. Remove the release films and apply the adherent side to the wound. Do not stretch.
4. For best results, Mepilex Lite should overlap dry surrounding skin by at least 2 cm. If required, Mepilex Lite can be cut.
5. When necessary, fixate Mepilex Lite with a bandage or other fixation.

### **Frequency of change**

Mepilex Lite may be left in place for several days depending on the condition of the wound and surrounding skin, or as indicated by accepted clinical practice. A change in dressing regimen may result in an initial increased level of exudate that temporarily may require an increased frequency of dressing changes.

### **Precautions**

In case of signs of clinical infection, consult a health care professional for adequate infection treatment. Do not use Mepilex Lite together with oxidising agents such as hypochlorite solutions or hydrogen peroxide.

Mepilex Lite should be stored in dry conditions below 35°C (95F) and be protected from direct sunlight.

Do not use if inner package is damaged. Sterility is guaranteed if inner package is intact. Do not resterilise.